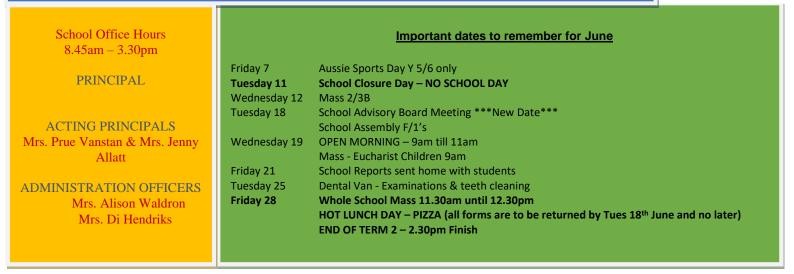
# St Joseph's School Yarra Junction

**Our vision states:** We value lifelong learning and have high expectations of possible achievements Newsletter No 56 – Thursday 6 June 2019 www.sjyarrajunction.catholic.edu.au



Dear Parents and Friends,

This weekend the children and families will be able to take advantage of a long weekend to recharge the batteries. It is a very busy time of the year with senior children participating in a number of interschool sporting activities including Aussie Sport's this Friday.

The children have rugged up this week in their winter uniforms and have enjoyed their playtimes being suitably dressed for cooler weather.

#### Staffing

As you know, two of our staff members will be taking parental leave- Mrs Loves and Ms Durrant. Mrs Loves will be leaving at the conclusion of term two and Ms Durrant at end of term three. We welcome back Ms Pip Young who will be teaching STEAM on Thursday and Friday and Ms Rebecca Heenan will be replacing Ms Durrant. Ms Heenan will be working closely with Ms Durrant during term three to ensure a smooth transition takes place.

#### **Principal Appointment**

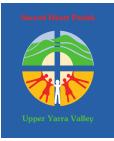
We are also anticipating that the Principal appointment will be completed within the next two weeks. Once this appointed is made, I am sure that they will be welcomed and supported to ensure that we all move together in in a spirit of partnership and co-operation.

Thank you to parents who have completed our vision survey. Staff will be working on this statement next Tuesday on the school closure day. The staff will be working off campus at Pallotti College.

## Blessings and regards Jenny Allatt



#### Parish Priest: Rev. Michel Corriveau



Parish Phone: 9736 2850 Parish Fax: 9736 3285

PO Box 317 Mt Evelyn 3796

Email: <u>mountevelyn@cam.org.au</u> Website: http://www.sacredheartuyv.org.au

### Weekend Mass Times

Saturday – 4.30pm Sacred Heart Church, Warburton

Sunday – 8.30am St. Thomas à Becket Church, Yarra Junction

On Sunday, we celebrate Pentecost, which marks the end of the Easter season in the Christian calendar, celebrates the descent of the Holy Spirit on the apostles.

Christ had promised not to leave them alone. He would send His Spirit, "the Spirit of truth," to "teach you all truth" (John 16:13). After the Ascension, the apostles had gathered with the Mary, the mother of Jesus in the upper room, just as Jesus had told them. For nine days, they had prayed, and now their prayers are being answered. The Holy Spirit, like a mighty wind, like



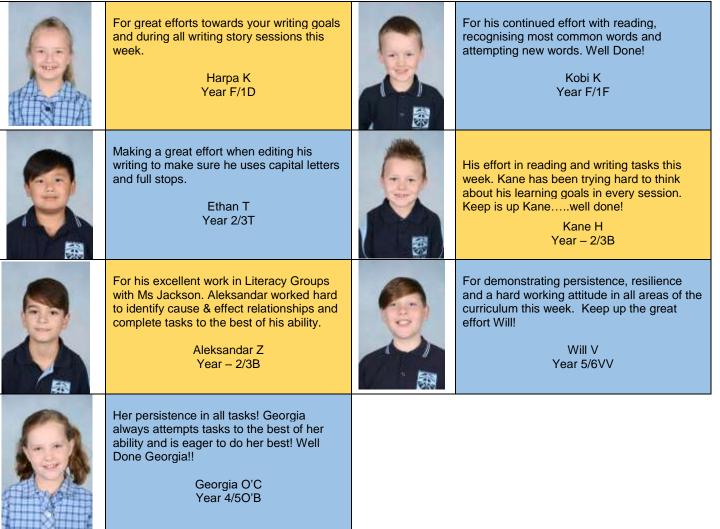
tongues of fire, came upon them, into our world, which was forever changed. They were given strength and guidance to continue the teaching and work of Jesus.

The Pentecost Sunday readings remind us of the extraordinary intervention of God into our lives by what we can only call the "mystery" of Christ. This feast indicates that it is an on-going reality, which still touches our lives every single day.

This week, let us reflect upon the purpose of the Holy Spirit in the Church. He can guide and teach us according to the purpose that He has been sent by the Lord God. Through the power of the Spirit, we ask for the grace to be forgiven and the grace to forgive. As Jesus empowered his disciples with the new life of his Spirit, we look for the gift of peace from the same Spirit.

Karen McQuade Christian Life Leader







Woori Yallock Scouts and Cubs are looking for new members and potential leaders to join their dynamic group!!

Get your children off their devices and out and about.



With your help, your child can become a part of a fun Scouting group.

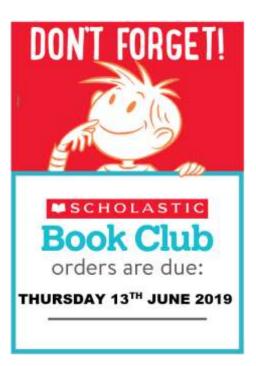
Face the adventure of regular hikes, camps, sailing and organised outdoor activities for your child aged 8-11 Cubs and 11-14 Scouts.



Learn about the great Australian outdoors and teach your child to be resilient and the best person they can be.

For further/general information on Scouting in Australia go to https://scouts.com.au/.

If interested please contact: Jacqui (0403 594 826)



## WELLBEING DESK How Our Mindset Impacts Our Life

We are going to begin discussing growth mindset in our school again. A few years ago when we started this discussion, we have had students correcting us and reminding us that we need to change our own thinking! This means the exploration of thinking positively and believing we can, is making our students think and respond. We are going to continue this journey so be prepared to have your own mindset challenged, hopefully in a positive way! Here is some more reading from www.afineparent.com, using two super sports stars as examples of a fixed and growth mindset.

As you may expect, the particular mindset we have, shapes the lens through which we view our world and influences *every single thought and action we take*. For instance, consider how the different mindsets deal with success/failure.

In the *fixed* mindset, since people believe that they are one thing or the other, every little success validates them as a person and every little failure tears them down. Therefore, they have the need to look smart at all costs. Success makes them bloat up with pride. When they fail, it is the opposite.

Consequently, as soon as they face a setback, they scramble to find someone/something to fix the blame on and are constantly making excuses. Since success/failure are so tightly tied to a sense of identity, people with the fixed mindset tend to develop an irrational fear of failure and tend to take less risks. This in turn limits how successful they can potentially be. In case they do go on to be successful, that success is extremely tormented and needs to be guarded fiercely. Think for example, the cantankerous tennis champion John McEnroe.

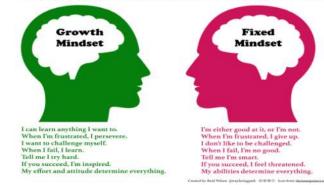
In the *growth* mindset, people believe that success is a result of effort rather than just raw talent. So, people with the growth mindset work hard to constantly grow and improve. Success is earned and never taken for granted. On the flip side, setbacks are seen as the inevitable side effects of pursuing any endeavor. They are treated as opportunities for further improvement.

Since success and failure are seen as separate events that are not directly tied to their identities, people with the growth mindset tend to wear their success with humility and handle failures gracefully. Our own tennis player Ash Barty has been using this to deal with anxiety and pressure on the court. Since she began using daily gratitude and focusing on the positives of her game about a year ago, she is moved her ranking from 17 to 8. A huge jump. Yes, a positive and growth mindset can truly help and change your perspective.

## **Growth Mindset**

A crowd-sourced collection of resources for learning and teaching.

What Kind of Mindset Do You Have?





## <u>An Invitation</u>

Mr Phillip Morrison from Mount Lilydale Mercy College will be visiting our school on Thursday 20<sup>th</sup> of June from 2-3.30pm. The purpose of his visit is to make himself available to any parent who wishes to chat about the College, fees, enrolment, curriculum or any other questions you may have. Phillip is happy to speak to any parent who wishes to know more. We are lucky to have this great opportunity to ask anything and find out directly from the Principal. Just pop along to the Office area on the day and find out more about our feeder secondary college.







For details contact Redwood Community Centre Redwood

## Ninter Appea

Proudly Supported by Bell Real Estate

We are looking for donations of good quality coats, blankets and jumpers to help out people in need this winter.

#### Drop off points

Bell Real Estate 3407 Warburton Hwy, Warburton 2457 Warburton Hwy, Yarra Junction 569 Warburton Hwy, Seville

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## Redwood Community Centre





## Building Resilience in Children on the Autism Spectrum

Join us for this insightful and strategy based workshop as Sonia Street, Psychologist, unpacks building resilience in children on the Autism Spectrum.

In this workshop, Sonia will be covering:

- Emotional Resilience
- Coping strategies
- · Problem Solving
- · Practical skills to build resilience

This workshop is aimed at Early Childhood Educators, Primary School Staff and Parents

	Sonia Street, Psychologist
Date:	Thursday 13th June 2019
Time:	7pm – 9pm with doors apen from 6:40pm
Price:	\$25 for Parents inc GST \$30 for Educators and other Professionals inc GST All Educators and other Professionals receive a Certificate of Participation
Location:	Mooroolbark Salvation Army ~ 305 Manchester Road, Mooroolbark
To book yo	ur ticket: http://eventbrite.com.au/e/51226732806

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#### www.spectrumjourneys.org.au



#### Dear Upper Yarra resident,

Your family and friends are invited to our WHYLD Winter Warming Bonfire Night 2019 A community gathering to celebrate the winter solstice on Sunday June 23, 3-7pm

#### Wickhams Road Reserve 125 Wickhams Road, Launching Place

Email: welcome@whyld.org.au Facebook: WHYLD Community Group Website : www.whyld.org.au Phone: 0458 594 606

Gold coin donation entry – Hillcrest CFA Gold coin refreshments – Red Cross Come along to our winter themed event with free activities for all ages. Rug yourself in winter woollies or purchase them at the Red Cross stall. Share your and enjoy our musical talents on the peforming stage. Enjoy the delights of winter with WHYLD subsidised hot food, drinks, roast chestnuts & toasted marshmallows. Gather around the bonfire as the sun sets and warm yourself with some hearty discussion then marvel at the amazing fire show performed by local volunteers with Fireworks Dance Company and The Dreaming Space.

We hope you can come and share in this community celebration. Warmest Regards, WHYLD Community Group

