

# St Joseph's School Yarra Junction

Our vision states: *We value lifelong learning and have high expectations of possible achievements*

Newsletter No 45 – Thursday 28 February 2019



School Office Hours  
8.45am – 3.30pm

PRINCIPAL

ACTING PRINCIPALS

Mrs. Prue Vanstan & Mrs. Jenny Allatt

ADMINISTRATION OFFICERS

Mrs. Alison Waldron & Mrs. Di Hendriks

## Important dates to remember for March & April – TERM 1

### MARCH

Monday 4	School Photos
Tuesday 5	Shrove Tuesday – Pancake Day
Wednesday 6	Ash Wednesday Mass
<b>FRIDAY 8</b>	<b>SCHOOL CLOSURE DAY / PLANNING &amp; CURRICULUM DAY</b>
<b>Monday 11</b>	<b>NO SCHOOL DAY – Labour Day</b>
Tuesday 12	Whole School Assembly 4/5/6's presenting & Reconciliation Day 7pm
Friday 15	School House Sports 5.30pm
Tuesday 19	School Advisory Board Meeting 7pm
Friday 29	Interschool Sports at Wesburn Year 3 – 6

### APRIL

Tuesday 2	Whole School Assembly F/1 presenting & Reconciliation Day 7pm
<b>Friday 5</b>	<b>END OF TERM 1 – School finishes 2.30pm</b>

Dear Parents and Friends,

It is hard to believe that we are already midterm. On Tuesday, our weekly friendship groups began. I had the opportunity to visit three of the groups and I was so impressed by the participation of all the children and the shining light was the interaction between year six students and their foundation buddies. Senior students were very caring in the way they presented their buddy to the group and I look forward to visiting the remaining three groups next week.

Next Wednesday the season of Lent commences with Ash Wednesday, and of course, we have the traditional Shrove Tuesday the day before more traditionally called Pancake Tuesday. It is important that the children understand the background behind these days and the meaning they have for us Catholics in their spiritual journey. Lent signifies six weeks of reflection in readiness for the new life of Easter.

Traditionally Christian religions are encouraged to use this time to see how they can best live as Jesus did.

As educators, we often experience wow moments, when children achieve success and when they share important items. Last night at our sacramental meeting, I experienced a parent wow moment. Three of our parents-Katrina, Catherine and Jacqui attended the meeting. Their openness, knowledge and willingness to share was inspiring. I went home feeling invigorated by their questions and discussion which took place. As one parent indicated I thank them sincerely for their contribution and look forward to many more conversations concerning our spiritual journey. The questions they brought up with Fr Michael. Thank you to Mrs McQuade and Fr Michael for organization the meeting.

### **We would like to share the following items with families:**

“Healthy food, work and play make for energetic parents, children and students.”

In order that children eat healthily, we have the following designated eating times

10am. –Fruit and vegie snack

10.35 -10.50 Main eating time Main lunch sandwich, roll, etc.

12.50-1p.m. another healthy snack

Teachers regularly check lunch boxes to ensure food is consumed. We ask that you reinforce this at home, which I am sure you do.

Year six will be organizing Huff and Puff with Mr Patrick and it will commence in week seven (Tuesday 12 March).

Dogs are wonderful loyal pets and companions. Unfortunately, dogs are not allowed on school grounds unless they are a teacher's trained pet or are brought in for show and tell. We ask that all families adhere to this OHS regulation.

*Blessings and regards*  
*Jenny Allatt*

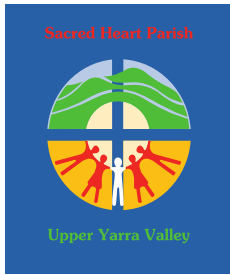
### CONTACT DETAILS:

40 Milners Road (PO Box 42A) YARRA JUNCTION 3797

School Phone: 5967 1183

MELWAYS Ref: 288 E10

Email: [principal@sjyarrajunction.catholic.edu.au](mailto:principal@sjyarrajunction.catholic.edu.au)



**Parish Priest: Rev. Michel Corriveau**

Parish Phone: 9736 2850

Parish Fax: 9736 3285

PO Box 317

Mt Evelyn 3796

Email: [moutevelyn@cam.org.au](mailto:moutevelyn@cam.org.au)

Website:

<http://www.sacredheartuyv.org.au>

### Weekend Mass Times

**Saturday – 7.00pm (Daylight Savings)**

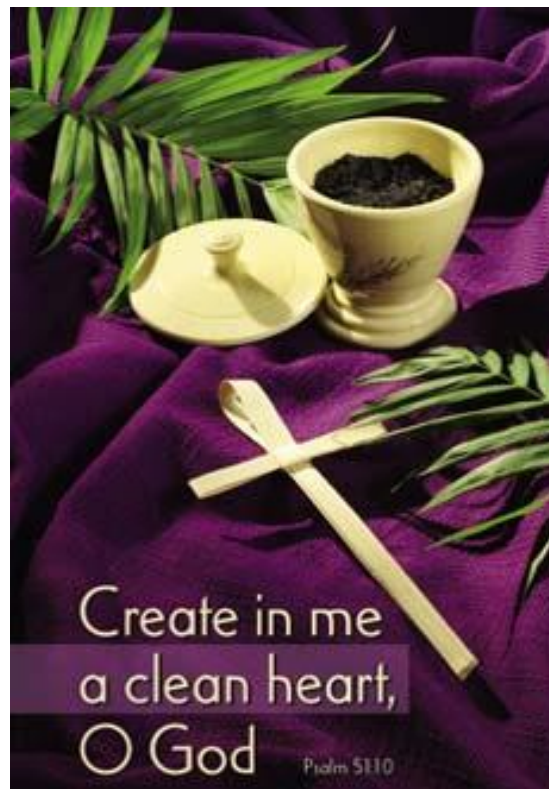
Sacred Heart Church, Warburton

**Sunday – 8.30am**

St. Thomas à Becket Church, Yarra Junction

**Christmas Mass dates and times below**

## **Ash Wednesday – Beginning of Lent**



Next week we begin the season of Lent with a Mass for Ash Wednesday. Everyone received ashes to remind us of our own mortality and God's mercy – forgiveness, love and care. The ashes also remind us that we belong to God and are grateful for the gift of Jesus, our teacher, who showed us how to love and help others.

The words in the song we sang at Mass, *'Turn Back to God'*, remind us that sometimes we are not as good as God expects and Lent is a time for *a change of heart, looking for a brand new start, making a whole new plan to change our lives.*

The children will be making Lenten promises in class as an attempt to become better people by reflecting, praying and helping others.

Everyone is welcome to attend Mass at 9am Wednesday 6<sup>th</sup> March.

Karen McQuade

Christian Life Leader

## Raffle Tickets

Thankyou to all the families who are supporting the school by selling raffle tickets for the Combined Catholic Parish Raffle 2019.....you could be driving away in a brand new car or spending up big with Coles/Myer Gift cards.....

Good Luck to you all and thanks again for your support.....broom broooooom

\$2.00 per ticket.

You can choose to sell a book of 5 tickets = \$10.00

or a book of 10 tickets = \$20.00

# THE COMBINED CATHOLIC PARISHES RAFFLE 2019

## 3 x CARS TO BE WON!!!

### 1<sup>st</sup> PRIZE

**KIA Rio**

(Valued at \$22,609 Drive Away)



### 2<sup>nd</sup> & 3<sup>rd</sup> PRIZES

**KIA Picanto**

(Valued @ \$19,240 Drive Away)



4<sup>th</sup> & 5<sup>th</sup> Prizes - Coles / Myer Gift Cards valued @ \$1,000 ea.

6<sup>th</sup> to 14<sup>th</sup> Prize – Coles / Myer Gift Cards valued @ \$500 ea.

# BUY YOUR TICKETS TODAY!!

## RAFFLE DRAWN 4<sup>th</sup> May 2019

Victorian Commission for Gambling Regulation Permit No – 10699/18

Ticket sales close Friday, 12<sup>th</sup> April 2019

Proudly supported by

Ferntree Gully



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St Joseph's will be re-introducing the text message system. Text messages will be sent to families for the following reasons.

1. when their child is marked absent without notification
2. School Emergency – Code Red or School lockdown
3. Other important notifications

This system will be effective from Monday 4<sup>th</sup> March 2019.

### Lost Property:

All un named items will be given to the uniform shop at the end of today to recycle for other families.

### Have you:

1. If you have a valid health care card or Pension card, please come to the office to fill in a form that will provide a small reduction in your school fees. (CSEF)
2. Collected your raffle tickets from the office.



### School starts at 8.45am Monday to Friday. It is important to be on time.

It is very important for children to develop habits of arriving on time at an early age, beginning from the time they start school. Arriving on time for School and Class: Makes sure that your child doesn't miss out on the important learning activities that happen early in the day when they are most alert. Being frequently late for school or leaving early adds up to lost learning. Medical appointments should be made out of school hours if at all possible.

### Mobile Phones at School

Should a student bring their mobile phone to school, they do so at their own risk and must adhere to the school rules about its use. St Joseph's will not be responsible for lost, stolen or damaged phones.

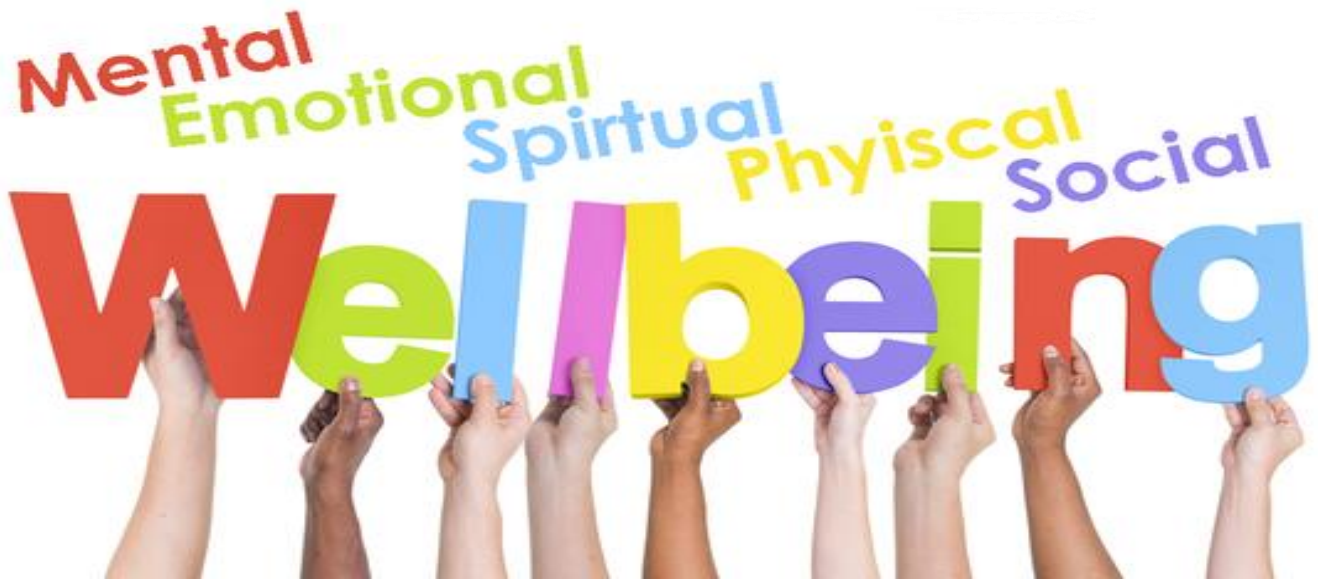
1. All mobile phones must be given to the classroom teacher at the beginning of the day.
2. All mobile phones will be handed back to the students at the end of the school day.



Reporting Absences

### Absent from School:

If your child is absent from school, please ensure you notify the office (via email, flexibuzz or phone message). The roll is marked each morning at 9.30am and our schools policy is to call or text parents if their child/children are absent **without** notification.



## Wellbeing News

We are excited that Friendship Groups have begun again this week. For our new parents, Friendship Groups happen at St Joseph's every third week. The aim of Friendship Groups is to have a set, regular time for teaching social and emotional skills. Each group has a teacher leader and is made up of Foundation and Grade 1's with their buddies and other children from each grade. Most groups are small in size from 14-16 children, allowing connections across levels to be made. We try to maintain the same group teacher for your child's school journey.

So we begin 2019 with new additions to our groups and positive expectations. Stay tuned for more information. As staff and with our students we have developed the 4 B's. These underpin everything we want to see in ourselves, and how to live as people who follow Jesus. They are the positive behaviours for all of us at St Joseph's School. You will begin to see these on posters and in classrooms, chat with your children about how the show, speak and act these out every day.

**Be Kind**

**Be Safe**

**Be a Learner**

**Be like Jesus**

We too as parents can assist our children through the way we act out the 4 B's in our life. The following piece is from a favourite author of mine, Steve Biddulph. This section is from his book 'The complete secrets of happy children.' It really highlights the importance of positive talk as parents. The book is available at school if you wish to borrow it.

Prue Vanstan  
Wellbeing Leader

**BE SAFE**



*Be kind*

*Be a*  
**LEARNER**

## THE WAY YOU SAY IT – POSITIVE WORDING MAKES COMPETENT KIDS

It's not only praise or put-downs that determine a child's level of confidence. We also program our kids in the way we give instructions and commands in a negative – positive choice of words.

As adults, we guide our own behaviour and feelings by 'self-talk', the chatter that goes on inside our heads. ('Better not forget to get petrol', 'Oh hell, I forgot my purse, I must be getting senile' etc.) Self-talk is learned directly from your parents and teachers. With your own kids, it's a great chance to put in all sorts of useful data, which your child can internalise – an encouraging part of themselves for life.

For example, we can say to a child, 'Don't you dare get into any fights at school today!' or we can say 'I want you to have a good time at school today and only play with the kids you like'.

Why should such a small thing make a difference? It's all in the way the human mind works. If someone offered you a million dollars not to think of a blue monkey for two minutes – you wouldn't be able to do it! (Try it now if you don't believe us!) If a child is told 'Don't fall out of the tree', then they have to think two things: 'Don't' and 'fall out of the tree'. What we think, we automatically rehearse. (Imagine biting hard into a lemon, and notice how you react just to the fantasy!) A child who is vividly imagining falling out of a tree probably will! Far better to use positive wording: 'Look for a good place to put your foot'.

There are dozens of chances each day to get this right. Rather than say 'Don't run out into the traffic', it's easier and better to say 'Stay on the footpath close to me, – so that the child imagines what TO do, and not what NOT to do.

Give kids clear instructions as to the right way to do things. Kids don't always know how to be safe, so make your commands specific: 'Tracey, hold onto the side of the boat with both your hands' is much more useful than 'Don't you dare fall out' or worse still 'How do you think I'll feel if you drown?'. The changes are small but the difference is enormous.

Positive wording helps your kids to think and act positively, and to feel capable in a wide range of situations. They will imagine success and talk themselves through to good outcomes. Our encouraging words will stay with them for life.

# Upcoming COMMUNITY EVENTS

**UPPER YARRA NETBALL ASSOCIATION  
JUNIOR NETBALL REGISTRATION DAY!!**

where: THE YARRA CENTRE,  
WARBURTON HWY,  
YARRA JUNCTION

when: MARCH 1<sup>st</sup> 2019

time: 4.30 to 5.30pm

ages: 5 - 7yr Old  
Under 9's  
Under 11's  
Under 13's  
Under 15's  
Intermediates

Warburton  
Yarra Junction  
Community Bank \* branches  
Warburton Bank

**Net-Set-Go!**  
A program of Netball Australia

Come and sign up on Friday 1st March at the Yarra Centre!

## Club Contacts

Launching Place NC: Alice Hermansen 0408 348453

Yarra Junction NC: Shelly Wunhym 0402 226710

Warburton NC: Clare Morrissey 0418709930