*** Supervision of students at St Joseph's School is from 8.35am until 3.20pm ***

G'day parents and friends,
Car boot sale Sunday 20 March 10 - 2pm
We are running an opportunity for you to make some money by selling all those unused items that clutter up at home. Or you may make or bake things that others might buy! Here is your chance to build your commercial empire! Booking is available through the school office! We will be running a BBQ needing volunteers, so we hope you will be available to help for an hour! Start creating lucky jars and collecting bottles for ring a bottle! Next week send in bottles of soft drink for “Ring-a-Bottle”

School BBQ
It was a friendly night! Which was the purpose. Have you seen the video? Go to https://www.youtube.com/watch?v=VVeN12osodg. It is a bit of fun!

eSafety: Spreading a rumor, online or off
To provide a teaching and learning opportunity for our Senior and Middle children about eSafety and sharing online, our Facebook page has a photo and message to spread. We will be tracking how this travels, and discussing how the accuracy of the internet is not automatic, but relies on the reader to use common sense and scepticism! Please share as much as you can with someone else on social media.

How far can we get?

Accounts
You will have received your account for school costs. If you have a valid health care card you are eligible for a discount paid by the government for excursions and camps. Please contact Sue Lucas, as the window for application closes soon!

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SAB - School Advisory Board Meeting
The School Advisory Board Meeting of the year was held. Members are Tonia Atkins, Andrea Maurici, Mel Dunne, Sally van de Paverd, Marty McKenna, Jo Taylor, Fr Ashkar and John Faulkner. The SAB is the peak school body that advises on developing school policies and programs. Please contact any of the members to discuss any issues or you are interested in joining. Among the items discussed last week was the impression of the school in the community and how to enhance this.

School Photos Wednesday 9 March
The photos will be taken from 9am! So please be on time! The students are asked to wear the new shirts. and black school shoes. There is no PE on that day so no runners are needed. Please note that sibling photos are only taken on a prepayment basis.

Swimmers
Congratulations to our children who participated in the inter school swimming over recent weeks. Three children are through to eastern region which covers a quarter of Victoria! Patrick Huynh, Jessica Finette and Samahdi Reed. We wish them well.

Remember:
- Download TIQBIZ from your app store receive and send school messages
- Download Caremonkey, access your email from www.caremonkey.com.au and complete a health and permission profile to save time. If you have any internet access problems please contact the office to arrange completing it at school.
- Complete the photo order for siblings if you wish them taken.
- Send in a family photo.

God bless us all,
John
Come Home

This week’s Gospel about the lost son who squandered his father’s inheritance but returned to ask forgiveness when he had no-where to go or nothing to eat. Jesus told this story to explain that God, the Father is like this son’s father, forgiving you unconditionally, running to greet you right now and embracing you when you turn back to Him. This should dispel all the false views of God you may have heard. God is not angry or vengeful when you sin. He does not tally up your sins and good deeds or wait to punish us. He is a God full of mercy.

Lent is a time to come home. We all stray. We live in a world that often calls us away from God. But God knows each of us and understands that we make poor choices.

In what ways do you need to come home to God this Lent in peace and joy?

The Action
Reflect on how your conscience worked in making a significant choice in your life. What was at stake in the choice? What reasons did I have for going one way or the other? How did I feel about myself and who I am? How did I feel about God and who God wants me to be?
Wellbeing News

We are excited that Friendship Groups are beginning again this week. For our new parents, Friendship Groups happen at St Joseph’s every second week. The aim of Friendship Groups is to have a set, regular time for teaching social and emotional skills. Each group has a teacher leader and is made up of foundation and Grade 1’s with their buddies and other children from each grade. Many of the teachers have been with members of their group since we began them in 2012. Most groups are small in size from 14-16 children, allowing connections across levels to be made. Last year I randomly surveyed children from a variety groups asking them about Friendship Group time and what they thought about the group dynamics, activities, and games. Here are some of their responses:

<table>
<thead>
<tr>
<th>Response</th>
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<tbody>
<tr>
<td>I like being with other kids from different ages</td>
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<td>I really like FG. I spend more times with other people in different rooms</td>
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<td>that I wouldn’t usually. I get to do activities with other people.</td>
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<tr>
<td>It’s good because I’m with people I don’t know much. The talking part is</td>
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<tr>
<td>good. I can help the little kids before I was the one being helped.</td>
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<tr>
<td>It’s fun because I like the fun activities. Lots of kids like to help.</td>
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<tr>
<td>My Buddy’s with me.</td>
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<tr>
<td>It’s nice. I like our FG. Everyone has fun, that’s the point of learning.</td>
</tr>
</tbody>
</table>

So we begin 2016 with new additions to our groups and positive expectations. Stay tuned for more information.

We have a few signs up around the school at the moment aimed at changing mindset. For example; I can’t do this to I’m going to try and use my skills to have a go. Often we get negative thoughts around what we can and can’t do when it comes to learning, so trying to change our thoughts into a positive can help us all to succeed. The following piece is from a favourite author of mine, Steve Biddulph. This section is from his book ‘The complete secrets of happy children.’ It really highlights the importance of positive talk as parents.

Enjoy the week ahead and don’t forget to send in Lego notes if you are interested in the Brickmaster program.

Prue Vanstan
Wellbeing Leader
THE WAY YOU SAY IT —
POSITIVE WORDING MAKES COMPETENT KIDS

It's not only praise or put-downs that determine a child's level of confidence. We also program our kids in the way we give instructions and commands in a negative - positive choice of words.

As adults, we guide our own behaviour and feelings by 'self-talk', the chatter that goes on inside our heads. ('Better not forget to get petrol', 'Oh hell, I forgot my purse, I must be getting senile' etc.) Self-talk is learned directly from your parents and teachers. With your own kids, it's a great chance to put in all sorts of useful data, which your child can internalise - an encouraging part of themselves for life.

For example, we can say to a child, 'Don't you dare get into any fights at school today!' or we can say 'I want you to have a good time at school today and only play with the kids you like'.

Why should such a small thing make a difference? It's all in the way the human mind works. If someone offered you a million dollars not to think of a blue monkey for two minutes - you wouldn't be able to do it! (Try it now if you don't believe us!) If a child is told 'Don't fall out of the tree', then they have to think two things: 'Don't' and 'fall out of the tree'. What we think, we automatically rehearse. (Imagine biting hard into a lemon, and notice how you react just to the fantasy!) A child who is vividly imagining falling out of a tree probably will! Far better to use positive wording: 'Look for a good place to put your foot'.

There are dozens of chances each day to get this right. Rather than say 'Don't run out into the traffic', it's easier and better to say 'Stay on the footpath close to me' - so that the child imagines what TO do, and not what NOT to do.

Give kids clear instructions as to the right way to do things. Kids don't always know how to be safe, so make your commands specific: 'Tracey, hold onto the side of the boat with both your hands' is much more useful than 'Don't you dare fall out' or worse still 'How do you think I'll feel if you drown?'. The changes are small but the difference is enormous.

Positive wording helps your kids to think and act positively, and to feel capable in a wide range of situations. They will imagine success and talk themselves through to good outcomes. Our encouraging words will stay with them for life.
Scholastic Book Club News
Hello everyone,

hope you are enjoying reading your books from Issue 1.
Issue No.2 Book Club brochures have now been sent home.
Any orders are due back to the school office by Friday 11th March, thank you.

Our Community at Work

This year we will be holding a market day / car boot sale on Sunday 20 March from 10am – 2pm.

We are hoping to have a variety of stalls with food, handmade items, second hand goods, pre-loved baby clothes, local businesses and community groups etc.

You are encouraged to book a spot – contact the office for a booking form or fill out the one later in the newsletter.

Quality second-hand goods, lucky jars, etc can be brought in to school now.
How to order School Photos

Aussie School Photos take multiple images of each student on photo day to provide you with more choice and greater value.

Order forms and envelopes will come home to you usually 2 weeks in advance of photo day.

There are 3 methods available when ordering photo packs:

1. Place your order on- line prior to photo day using the unique WEB LOG-ON CODE printed on your prepayment order form.

2. You can complete the pre payment order form. Include your cash, cheque or credit card payment in the envelope and have your child hand it to our photographer on photo day.

3. You can choose to wait for 5 working days to go on-line to VIEW the images and CREATE a package to suit. Please tick the ‘order later on-line’ box on order form and hand to our photographer on photo day. Orders must be placed within 14 days of photo day to avoid postage charges.

4. If you do not wish to purchase photos, please tick ‘not buying photos’ under pack selection and have your child hand envelope to our photographer on photo day.

5. SIBLING PHOTOS. Will be taken on a pre paid basis. Consent/pre payment forms provided for the eldest child who should be instructed to present it with payment to our photographer at time scheduled for sibling photos. Check with school office for Sibling photo times.

www.schoolphoto.com.au

All queries should be directed to the photos@schoolphoto.com.au

Customer Service: 97076655.
Bethany King (Senior M) recently spent her weekend helping and training to be a leader at a Kids of Gold camp. Well done Bethany!

Yarra Valley Soccer Club

New Players Welcome

We still have vacancies in all our teams so if you are interested in giving Soccer (Football) a go please give us a try.

Be part of Australia’s Number 1 participation sport.

Valley Soccer Kids
A program for ages 5 Years to 12 years, which helps develop a player’s football skills and promote interest in soccer. A skills based program for all juniors held on Sunday mornings. Term by term program.

Juniors Teams Under 10, 12 and 14 years

Seniors Men and Women (15 years and over)

Enquiries
please contact Andrew Devisser on 0439 034 278
or Andrew Woolley on 0413 666 392

Expressions of Interest taken for experienced and suitable coaches and assistants to complement existing dedicated team.

Canoeing Victoria – PaddleHub

Come Paddling with Canoeing Victoria and get active again!
Canoeing Victoria PaddleHub is ideal for children, family and friends. All equipment provided / Suitable for all ages - 7-97!

Venue : Lake Lillydale - Saturday 5th March – Sunday 13th March

To secure your place or for further info, call 0430 312 252
St Joseph’s Market Day and Car Boot Sale

20th March 2016
at 10.00am
40 Milners Road
Yarra Junction

Devonshire Teas
Market stalls
Trash and Treasure
Local Businesses
Pre-loved baby clothes

Stalls Available $20

For stall bookings please contact
office@sjyarrajunction.catholic.edu.au

or phone: 5967 1183 or fill out the form below

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Contact Name:___________________________________________
Contact Phone:_________________________________________
Type of Stall:___________________________________________
Table required? Yes No
Arrival time:__________________ $20 Payment enclosed:__________________